

IMAGINE THERE'S NO COUNTRIES  
IT ISN'T HARD TO DO NOTHING TO KILL OR DIE FOR  
AND NO RELIGION TOO  
**IMAGINE**  
ALL THE PEOPLE LIVING LIFE IN PEACE  
YOU MAY SAY THAT I'M A  
**DREAMER**  
BUT I'M NOT THE ONLY ONE  
I HOPE SOMEDAY YOU'LL JOIN US  
AND THE WORLD WILL LIVE AS ONE

**4<sup>TH</sup> COUNTRY CUP**  
**FRAGLIA VELA RIVA**  
28<sup>th</sup> March 2018

**SAILING INSTRUCTIONS**

## **ORGANISING AUTHORITY AND VENUE**

---

Fraglia Vela Riva

Viale Giancarlo Maroni, 2

38066 Riva del Garda (TN) – Italy.

Tel. +39 0464 552460 - Fax +39 0464 350571

Internet: [www.fragliavelariva.it](http://www.fragliavelariva.it) - E-mail: [info@fragliavelariva.it](mailto:info@fragliavelariva.it)

The event will take place in Riva del Garda on March 28<sup>th</sup> 2018

## **1. RULES**

---

- a) The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- b) The prescriptions of the Italian National Authority will not apply.
- c) The Rules of the International Optimist Dinghy Association (IODA) will apply.
- d) Races will be umpired as per Add Q (see Add Q below)
- e) The first sentence of rule 44.1 is replaced with: 'A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 (except rule 14 when she has caused damage or injury) or rule 31 or 42 while racing.
- f) RRS P2.1 are changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty. The jury/umpires may penalize infringements of the rules on the water, indicating the competitor with a red flag. The penalty is a tack and a jibe (or a jibe and a tack) done in the same direction immediately and with- out interfering with other competitors.
- g) Rule 60.1 is replaced with 'A boat may protest another boat or request redress provided she complies with instructions Q2.1 and Q2.4.
- h) The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted. Rule 64.1(a) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting instruction of this addendum.
- i) Rules P2.2 and P2.3 shall not apply
- j) If there is a conflict between languages the English text will take precedence.

## **2. NOTICES TO COMPETITORS**

---

Notices to competitors will be posted on the official notice board located in the club ground floor in front of the Race Office.

## **3. CHANGES TO THE SAILING INSTRUCTIONS (SI)**

---

Any change to the SI will be posted before 0930 hours on March 28<sup>th</sup> , except that any change to the schedule of races will be posted by 1900 hours on March 27<sup>th</sup>.

#### **4. SIGNALS MADE ASHORE**

---

Signals made ashore will be displayed from the official flagpole located on the Fraglia Vela Riva terrace.

Flag D with one sound means 'The warning signal will be made not less than 45 minutes after flag D is displayed. Boats shall not to leave the Club until this signal is made.'

#### **5. SCHEDULE OF RACES**

---

<b>Day/Date</b>	<b>Event</b>	<b>Time</b>
March 27 <sup>th</sup>	Registration	09.00 – 1030
March 28 <sup>th</sup>	1 <sup>st</sup> Warning signal	13:00
March 29 <sup>th</sup>	Price Giving 4 <sup>th</sup> C. Cup	18:00

- No Warning signal will be made after 1700 on March 28<sup>th</sup> .
- Racing will be Back to Back.
- A maximum of 3 Races are scheduled.

#### **6. CLASS FLAGS**

---

Optimist Flag White/Blue

#### **7. RACING AREA**

---

The racing area will be in front of the main slipperly of Fraglia Vela Riva

#### **8. THE COURSE**

---

Course will be windward/leeward, 2 loops.

#### **9. MARKS**

---

**Mark 1** orange inflatable mark

**Start mark/ Finish Mark** Orange mark with staff with orange flag.

**New mark:** green Inflatable Mark

## **10. THE START**

---

The start line will be between an orange staff on the race committee boat at the starboard end of the start line and the orange mark at the port end.

A boat shall not start more than 5 minutes after her starting signal.

## **11. CHANGE OF COURSE AFTER THE START**

---

To change the next leg of the course, the Race Committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.

Any mark to be rounded after rounding the new mark may be relocated to maintain the original course configuration.

## **12. THE FINISH**

---

The finishing line will be between an orange staff displaying an orange flag on the finishing boat and the orange finish mark.

Code flag 'L' when flown at the Finish means that another race will be started as soon as practicable.

## **13. TIME LIMITS**

---

The time limit for the first boat to finish will be 25 minutes. Boats failing to finish within 10 minutes after the first boat sails the course and finishes will be scored Did Not Finish.

This changes RRS 35.

## **14. PROTESTS AND HEARINGS**

---

a) While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' at the first reasonable opportunity.

b) A boat that protests as above is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by taking a One-Turn Penalty as described in rule 44.2.

- c) If the protested boat does not take a penalty voluntarily, an umpire will decide whether to penalize any boat and signal the decision as follow:
- a. A green and white flag with one long sound means 'No penalty.'
  - b. A red flag with one long sound means 'A penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
  - c. A black flag with one long sound means 'A boat is disqualified and have to leave the racing area immediately' The umpire will hail or signal to identify the boat disqualified. See Appendix Q2 below.
- d) Repeated infringement of a rule or sailing in a manner that could be considered dangerous by the Jury may result in exclusion from the race, in this case the result shall not be excluded (DNE).
- e) A competitor may approach the jury/umpire to ask for clarification on the rules at any time while not racing. The Jury, while not racing, will be available for competitors to provide information and explanations about the rules and about the penalties imposed while racing.
- f) In the pure spirit of a fair competition, competitors are responsible for their own behavior. If you are aware of having infringed one of the rules, you must take a penalty even if the jury has not seen.

## **15. SCORING**

---

- The Low Point System of Appendix A will apply.
- One race is required to be completed to constitute the event.
- The boat's series score will be the total of her race scores.

## **16. SAFETY REGULATIONS**

---

A boat that retires from a race shall notify the Race Committee as soon as possible and shall sign off on shore as outlined above.

Competitors who require assistance should blow a whistle or wave the paddle or one arm. The Race Committee reserves the right to assist competitors who in its opinion require assistance, regardless of the wishes of the competitor. This will not be grounds for redress. This changes rule 62.1(a). The penalty for receiving Outside Help in these circumstances will be at the discretion of the International Jury.

All competitors shall wear personal flotation devices that are in good condition and are in accordance with the specifications issued or approved by a national authority or standards organisation and branded in the country of origin or manufacture and in accordance with Class Rule 4.2 (a), properly secured at all times while on the water except when temporarily adding or removing clothing.

Attention is drawn to Rule 1.2 and Rule 4.

## 17. Spare

---

## 18. SUPPORT BOATS

---

Mechanically propelled boats are generally prohibited to sail on the northern part of Lake Garda, however, during this event, a special permit to use such boats may be given Support personnel having a boat, shall produce the following documents to the organising authority:

- rib's engine registration document (engine brand name - engine serial numbers);
- rib's engine insurance;
- Driver's identity document.

The permit will be issued only for assistance to the races and training and it can be withdrawn at any time if rules for coaching as stating in the SI will be not followed.

## 19. PRIZES

---

- 1 – Optimist Sail
- 2 – Optimist Rigs
- 3 – Optimist Trolley

## 20. DISCLAIMER OF LIABILITY

---

Competitors participate in the regatta entirely at their own risk. See Rule 4 of the RRS, 'Decision to Race'. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. In addition to this the following clauses are applicable:

A boat is entirely responsible for her own safety, whether afloat or ashore, and nothing, whether in the Notice of Race or the Sailing Instructions or anywhere else, reduces this responsibility. In this paragraph and the following paragraphs, wherever the context so permits, 'boat' includes the helm and their parents or guardians.

It is for the boat to decide whether she is fit to sail in the conditions in which she will find herself. By launching or going to sea, the boat confirms that she is fit for those conditions and that her helm is competent to sail and compete in them.

Nothing done or omitted to be done by the organizers can reduce the responsibility of the boat nor will make the organizers responsible for any loss, damage, death or personal injury, however it may have occurred, as a result of the boat taking part in the racing or other parts of the event. The organizers encompass everyone helping to run the events and their associated

activities, afloat or ashore, and include the organizing authority, the race committee, the race officer, patrol boats and beach masters.

The provision of rescue boats does not relieve the boat of its responsibilities.

The fact that the race committee conducts inspections of a boat does not reduce the responsibilities of the boat set out in these conditions.

The race committee may hold a boat ashore, or require a boat to go ashore at any time when afloat, whether racing or not, if it considers that:

- a) The boat, the equipment or the clothing of the helm, or
- b) The physical condition of the helm is not adequate for the conditions.

Such boats will be scored DNC, DNS or DNF as appropriate.

Boats retiring or leaving the course for whatever reason shall inform the committee boat either in person, or via a patrol or coach boat at the earliest possible opportunity. Boats retiring shall indicate on the sign-off sheet the race they retired from.

## **21. INSURANCE**

---

Italian sailors shall have third party insurance cover of not less than € 1.500.000,00 and are required to produce evidence of such insurance during registration, written in English and clearly indicating the name of the sailor(s), the period insurance coverage and the euro amount of the insurance, during registration.

Attachment 1





---

## ADDENDUM Q

### UMPIRED FLEET RACING

*Under rule 86.2 and Regulation 28.1.3, World Sailing has approved the use of these sailing instructions as an addendum to the sailing instructions in World Sailing 200-Point and 100-Point Events from January 22, 2017 and until changed, for umpired fleet racing in the last race(s) of each series for the Olympic classes. Similar events are also encouraged to use the addendum. This can be done under rule 86.3 if the national authority prescribes that rule changes are allowed for the purpose of development and testing. Please note that the national authority may prescribe that such changes require its approval.*

*Races may be sailed under the sailing instructions in this addendum only if the notice of race and the sailing instructions so state, with reference to the relevant version, and that version is posted on the official notice board.*

*Use of this addendum is recommended for races in which about ten one-design boats compete with umpires present. There should be one umpire boat for every three or four boats in the fleet.*

***When Addendum Q is posted on the official noticeboard, this paragraph and the three paragraphs above should be deleted. Nothing below should be changed or deleted.***

This addendum has been approved by World Sailing in accordance with rule 86.2 and Regulation 28.1.3. It applies to all medal races and all pre-race or post-race activities related to them.

**Version:** June 12, 2017

*Marginal marks indicate important changes from recent versions.*

These sailing instructions change the definition Proper Course, and rules 20, 28.2, 44, 60, 61, 62, 63, 64.1, 65, 66, 70 and B5.

#### **Q1 CHANGES TO RACING RULES**

*Additional changes to rules are made in instructions Q2, Q3, Q4, and Q5.*

##### **Q1.1 Changes to the Definitions and the Rules of Part 2 and Part 4**

- (a) Add to the definition Proper Course: 'A boat taking a penalty or manoeuvring to take a penalty is not sailing a *proper course*.'
- (b) When rule 20 applies, the following arm signals are required in addition to the hails:
  - (1) for 'Room to tack', repeatedly and clearly pointing to windward; and

- (2) for 'You tack', repeatedly and clearly pointing at the other boat and waving the arm to windward.

Instruction Q1.1(b) does not apply to boards.

## **Q1.2 Changes to Rules Involving Protests, Requests for Redress, Penalties and Exoneration**

- (a) The first sentence of rule 44.1 is replaced with: 'A boat may take a One-Turn Penalty in accordance with rule 44.2 when, in an incident while *racing*, she may have broken one or more of the rules of Part 2 (except rule 14 when she has caused damage or injury), rule 31 or rule 42.'
- (b) For boards, the One-Turn Penalty is one 360° turn with no requirement for a tack or a gybe.
- (c) Rule 60.1 is replaced with 'A boat may protest another boat or request redress provided she complies with instructions Q2.1 and Q2.4.'
- (d) The third sentence of rule 61.1(a) and all of rule 61.1(a)(2) are deleted. Rule B5 is deleted.
- (e) Rules 62.1(a), (b) and (d) are deleted. In a race where this addendum applies, there shall be no scoring adjustments for redress given under any of these rules for a previous race.
- (f) Rule 64.1(a) is changed so that the provision for exonerating a boat may be applied by the umpires without a hearing, and it takes precedence over any conflicting instruction of this addendum.
- (g) Rules P1 to P4 shall not apply.

## **Q2 PROTESTS AND REQUESTS FOR REDRESS BY BOATS**

**Q2.1** While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a red flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision. However, a board need not display a red flag.

**Q2.2** A boat that protests as provided in instruction Q2.1 is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by taking a One-Turn Penalty in accordance with rule 44.2. An umpire may penalize any boat that broke a rule and was not exonerated, unless the boat took a voluntary penalty.

**Q2.3** At the finishing line, the race committee will inform the competitors about each boat's finishing place or scoring abbreviation. After this has been done, the race committee will promptly display flag B with one sound. Flag B will be displayed for at least two minutes and then removed with one sound. If the race committee changes the scoring information provided at the finishing line while flag B is displayed, it will display flag L with one sound. Flag B will continue to be displayed for at least two minutes after any changes are made.

**Q2.4** A boat intending to

- (a) protest another boat under a rule other than instruction Q3.2 or rule 28, or a rule listed in instruction Q2.1,
- (b) protest another boat under rule 14 if there was contact that caused damage or injury, or
- (c) request redress

shall hail the race committee before or during the display of flag B. The same time limit applies to protests under instruction Q5.5. The protest committee may extend the time limit if there is good reason to do so.

**Q2.5** The race committee will promptly inform the protest committee about any protests or requests for redress made under instruction Q2.4.

### **Q3 UMPIRE SIGNALS AND IMPOSED PENALTIES**

**Q3.1** An umpire will signal a decision as follows:

- (a) A green and white flag with one long sound means 'No penalty.'
- (b) A red flag with one long sound means 'A penalty is imposed or remains outstanding.' The umpire will hail or signal to identify each such boat.
- (c) A black flag with one long sound means 'A boat is disqualified.' The umpire will hail or signal to identify the boat disqualified.

**Q3.2** (a) A boat penalized under instruction Q3.1(b) shall take a One-Turn Penalty in accordance with rule 44.2.

(b) A boat disqualified under instruction Q3.1(c) shall promptly leave the course area.

### **Q4 PENALTIES AND PROTESTS INITIATED BY AN UMPIRE; ROUNDING OR PASSING MARKS**

**Q4.1** When a boat

- (a) breaks rule 31 and does not take a penalty,
- (b) breaks rule 42,
- (c) gains an advantage despite taking a penalty,
- (d) deliberately breaks a rule,
- (e) commits a breach of sportsmanship, or
- (f) fails to comply with instruction Q3.2 or to take a penalty when required to do so by an umpire,

an umpire may penalize her without a protest by another boat. The umpire may impose one or more One-Turn Penalties to be taken in accordance with rule 44.2, each signalled in accordance with instruction Q3.1(b), or disqualify her under instruction Q3.1(c), or report the incident to the protest committee for further action. If a boat is penalized under instruction Q4.1(f) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled.

**Q4.2** The last sentence of rule 28.2 is changed to 'She may correct any errors to comply with this rule, provided she has not rounded the next *mark* or

*finished.* A boat that does not correct any such error shall be disqualified under instruction Q3.1(c).

**Q4.3** An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than instruction Q3.2 or rule 28 or a rule listed in instruction Q2.1, may inform the protest committee for its action under rule 60.3. However, he will not inform the protest committee of an alleged breach of rule 14 unless there is damage or injury.

**Q5 PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS;  
OTHER PROCEEDINGS**

**Q5.1** No proceedings of any kind may be taken in relation to any action or non-action by an umpire.

**Q5.2** A boat may not base an appeal on an alleged improper action, omission or decision of the umpires. A party to a hearing may not base an appeal on the decision of the protest committee. In rule 66 the third sentence is changed to 'A party to the hearing may not ask for a reopening.'

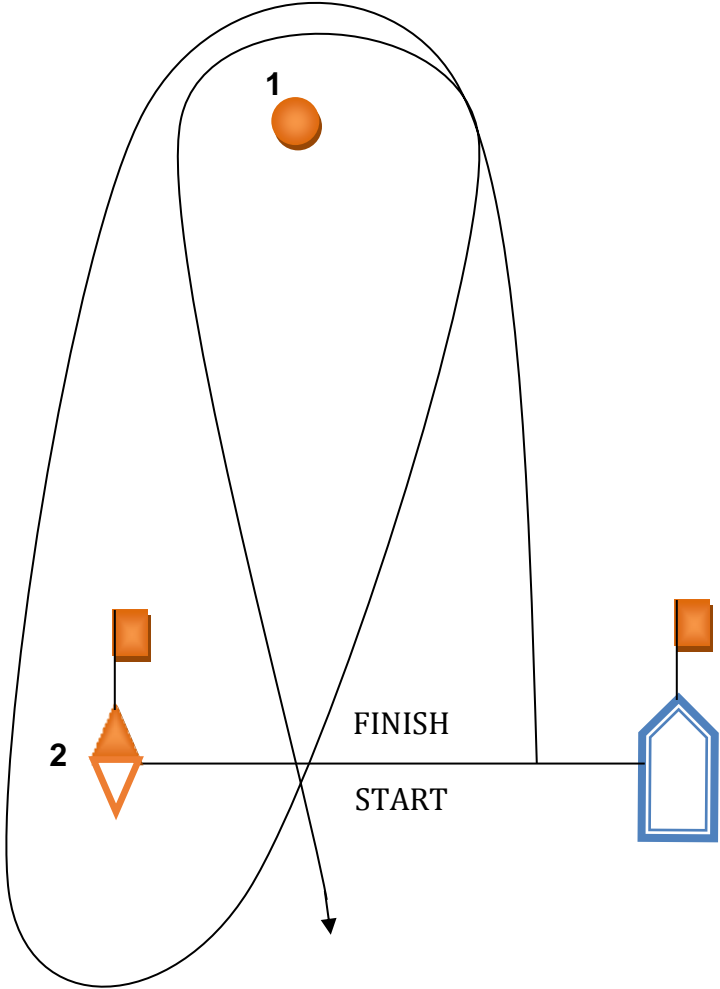
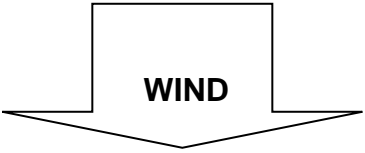
**Q5.3** (a) Protests and requests for redress need not be in writing.  
(b) The protest committee may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.  
(c) If the protest committee decides that a breach of a rule has had no effect on the outcome of the race, it may impose a penalty of points or fraction of points or make another arrangement it decides is equitable, which may be to impose no penalty.  
(d) If the protest committee penalizes a boat in accordance with instruction Q5.3 or if a standard penalty is applied, all other boats will be informed about the change of the penalized boat's score.

**1.1** Q5.4 The race committee will not protest a boat.

**1.2** Q5.5 The protest committee may protest a boat under rule 60.3. However, it will not protest a boat for breaking instruction Q3.2 or rule 28, a rule listed in instruction Q2.1, or rule 14 unless there is damage or injury.

---

# COURSE COUNTRY CUP



**START – 1 – 2 – 1 - FINISH**  
**MARKS 1: ORANGE INFLATABLE CYLINDER MARK**  
**MARKS 2: ORANGE FLOATING BUOY WITH ORANGE FLAG**  
**MARK S/F: RUBBER BOAT WITH ORANGE FLAG**